## LAMP Words For Life 84 Full

## Core Word Activity - Ice Cream



When it heats up in summer it's fun to cool down with ice cream. You can make your own ice cream with a few simple ingredients: 1 -cup half-and-half, 2 tbsps of granulated sugar, $1 / 2$ tsp pure vanilla extract, 3 cups ice and $1 / 3$ cup kosher salt. Add extra toppings as you like.

Put the sugar and vanilla in a small resealable plastic bag, squeeze out the extra air and seal it. Then in a larger resealable bag, add the ice and salt. Put the smaller bag in the larger bag and shake vigorously for 8-10 minutes. Remove the smaller bag once the ice cream has hardened. Add extra toppings as you like.

As the communication partner, whether you are a family member, teacher, therapist or friend, use these words as you talk to model where they are located and how powerful they can be. Look for opportunities to teach and model words as you enjoy making and eating ice cream this month!


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